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*The official
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of the members of
Indian Electric
Cooperative*



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Holiday Recipes

Two Area Youth to Attend 2004 Leadership Summit

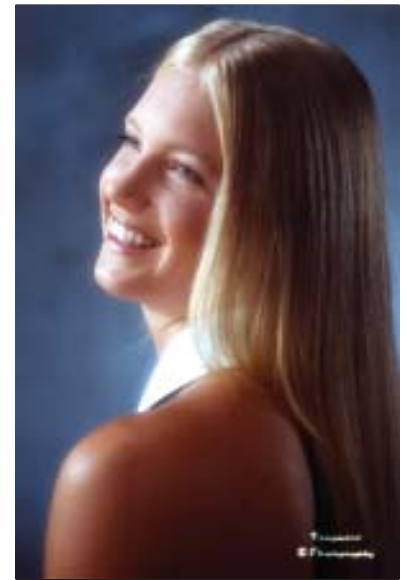
Summit is part of the Touchstone Energy® All-College Basketball Classic

Two outstanding area youth have been selected to represent IEC at the 2004 Touchstone Energy® Leadership Summit which is held each year in conjunction with the All-College Basketball Classic.

Cleveland High School seniors Andrea Endicott and Gavin Lock will join 40 high school students from across the state as they attend the summit. IEC sponsors two students to the event each year.

Endicott, 17, is the daughter of Phyllis Green. She is an athlete involved in softball, basketball and track, along with playing in the school's jazz band. She's listed in Who's Who Among American High School Students, and on the Honor Roll. She has been voted most valuable player in basketball and been recognized with the outstanding softball award. She has also been voted most athletic of her senior class.

Following graduation, she plans to attend Oklahoma State University and major in either sports medicine or sport physiology. Her coach, Mike Clayborn, says he recommended Endicott for the Leadership Summit because "she has shown excellent examples of leadership and dependability."



Andrea Endicott



Gavin Lock

Lock, 17, is the son of Arthur Lock.

He is involved in wrestling, football, and soccer and has been recognized with most improved and sportsman-ship awards. He was voted best all around athlete by his peers. Lock is a member of the National Honor Society, calculus club, FCCLA and SADD. He tutors underclassmen and is a Presbyterian church camp leader in training.

Coach Joe Cole says, "Gavin is a true example of leadership. His work ethic is second to none."

Lock plans to attend Oklahoma University and major in pre-med.

The January 2004 summit will provide exciting and unique leadership opportunities and training for the students. Stewart Kennedy, inventor of peanut butter slices, will serve as master of ceremonies and guest speaker. The program will also feature Tracy Markum, a member of Team Impact, who uses feats of physical strength and

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Annual Meeting Both Fun and Informative for Members

Great weather, good entertainment and interesting Business Spotlight booths made our annual meeting both fun and informative Saturday, Oct. 18 at Cleveland High School.

About 650 members registered their attendance and received their capital

credit checks before visiting the numerous booths sponsored by area businesses, or enjoyed the toe-tapping music provided by the Wiskey Bent Band in the gymnasium.

Kids attending the meeting with their parents learned about fire safety at home from Farm Bureau representatives. The

mobile fire safety van simulated a house fire and taught the youngsters how to quickly and safely exit their homes during a fire.

During the meeting's business session, members re-elected four trustees by acclamation, and were entertained by Chase Foster on the fiddle. Chase was accompanied by his grandfather. Members also enjoyed the exceptional vocal talents of Cleveland musician Tim Muniz.

At the meeting's conclusion, more than 60 prizes, including three cash grand prizes totaling \$1,500, were awarded to members whose names were drawn at random.



Annual Meeting grand prize winners are (left to right) Susan Miller representing Tri-County Vocational Center, \$250; Edwin Wiseman, Cleveland, \$500; and Dorothy Hall, Cleveland, \$750.

Board Elects New Slate of Officers

During the October board meeting, the trustees elected a new slate of officers.

Wanda Foster, district 5, is the new board president; Loris Peckenpaugh, district 6, continues as vice-president and Berry Keeler, district 9, serves as secretary-treasurer.

Although board positions are three year terms, officers serve one year terms and elections are held each year following the annual meeting.

THE LAMP

INDIAN ELECTRIC COOPERATIVE, INC.

Office Hours

7:30 a.m. – 4:00 p.m. (Monday - Friday)
(918) 358-2514
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Make Sure Backup Generator has 'Double-Throw' Switch

Since Hurricane Isabel paralyzed much of the East last fall and because of the devastating snow storms we've experienced in the past few winters, more homeowners are investing in backup generators.

If you're one of them, you should know that improperly installed generators can kill family members and electric cooperative lineworkers.

Several people died from carbon monoxide poisoning after the hurricane because their generators were improperly vented.

Health and electric cooperative

officials warn homeowners not to install generators indoors. Leave them outside where any fumes they emit will not get trapped in the house and poison your family.

Ask a licensed electrician to install your generator to make sure it will not produce "backfeed" – electricity that flows from the generator back onto the cooperative's power lines – that can kill unsuspecting lineworkers. Then notify the co-op and let us know you have a generator that could be in use during extended outages.

Home generators must be completely isolated from the cooperative lines attached

to your meter in order to prevent such a catastrophe.

Backfeed is dangerous to lineworkers working on power lines near your home if they believe the power lines are dead. If your generator is connected to the lines, the electricity it produces, in effect, makes the lines "live" and can electrocute anyone who touches them.

Good generators are equipped with a double-throw switch that prevents them from backfeeding through the cooperative's lines and transformers.

A backup generator can keep the lights on and the refrigerator running during a bad storm. But don't let yours create problems for your family or for the lineworkers who are trying to help you.

IEC offices will be closed

Wednesday, Dec. 24 through Friday, Dec. 26, and Thursday, Jan. 1 so our employees can celebrate the holidays with their families.

Call (918) 358-2514 or 1-800-482-2750 to report an outage.

Leadership Summit...

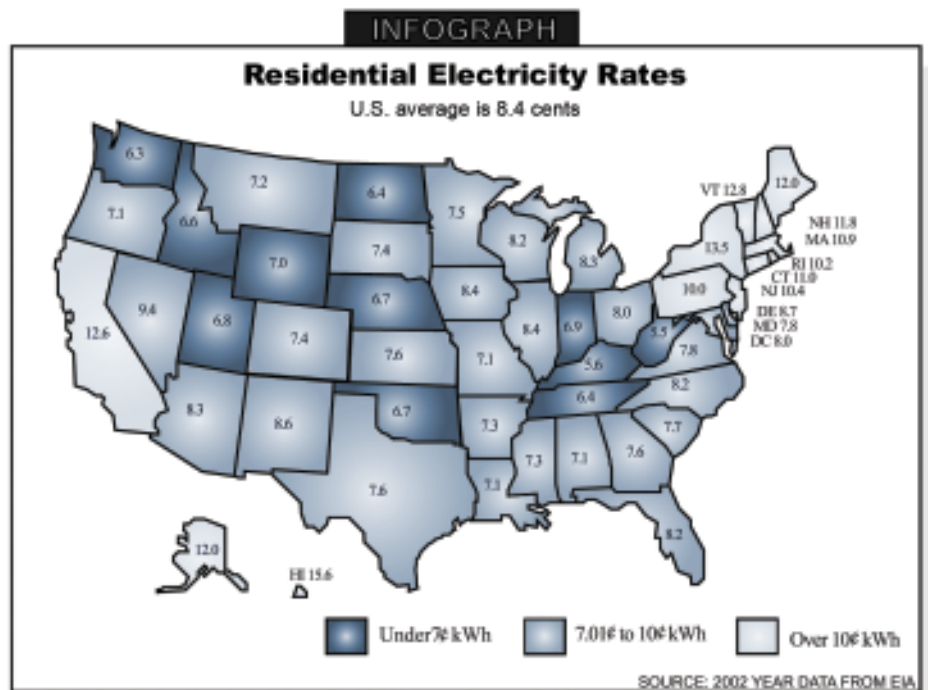
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humor to motivate young leaders.

The students will attend the All-College Classic games following the summit. Additionally, 10 students will win \$500 scholarships and one student will have the opportunity to make basketball shots and win up to \$1,500 in scholarship money.

The All-College Basketball Classic tips off at 4 p.m. in the Ford Center in Oklahoma City with the University of Oklahoma Sooners pitted against the Princeton Tigers. The Oklahoma State University and Southern Methodist University game will follow at 6:30 p.m. The OU game will be broadcast on ESPN2 and the OSU game will be shown on ESPN.

For the fourth year, Touchstone Energy® is the title sponsor for the All-College Basketball Classic, the oldest basketball tournament in the country.



The Tennessee Valley has the lowest rates; New England and Hawaii, the highest.

RECIPES



Holiday Eggnog Pie

1 pkg. (4 & 3/4 oz.) vanilla pudding and pie filling mix
2 cups dairy eggnog
1 & 1/4 cups milk
1 Tbsp. light rum
1/8 tsp. ground nutmeg

Pastry for one 9-inch pie crust, baked
Whipped cream
Nutmeg

Cook mix according to package directions for pie filling, except using 2 cups eggnog and 1 & 1/4 cups milk. Stir in rum and nutmeg; pour into crust. Cover surface with plastic wrap; chill several hours. Garnish with whipped cream and nutmeg.
YIELD: 8 servings.

Cranberry Raisin Nut Bread

1 & 1/2 cups all-purpose flour
3/4 cup packed light brown sugar
1 & 1/2 tsp. baking powder
1/2 tsp. baking soda
1/2 tsp. ground cinnamon
1/2 tsp. ground nutmeg
1 cup halved fresh or frozen cranberries

1/2 cup golden raisins
1/2 cup coarsely chopped pecans
1 Tbsp. grated orange peel
2 eggs
3/4 cup milk
3 Tbsps. butter or margarine, melted
1 tsp. vanilla
Cranberry-Orange Spread

Preheat oven to 350°. Grease 8.5 x 4.5-inch loaf pan. Combine flour, brown sugar, baking powder, baking soda, cinnamon and nutmeg in large bowl. Stir in cranberries, raisins, pecans and orange peel. Mix eggs, milk, melted butter and vanilla in small bowl until combined; stir into flour mixture just until moistened. Spoon into prepared pan. Bake 55 to 60 minutes, until wooden pick inserted in center comes out clean. Cool in pan 15 minutes. Remove from pan and cool completely on wire rack. Store tightly wrapped in plastic wrap at room temperature.
YIELD: 1 8.5 x 4.5-inch loaf.

Operation Round Up® Helps Fairfax Food Pantry

Through IEC's Operation Round Up® program, the IEC Foundation approved \$5,620 in assistance to organizations and individuals in September.

One of those organizations was the New Hope Cupboard in Fairfax. This worthwhile community-based organization maintains a pantry which provides food to individuals in the area who are in need.

Members participating in Operation Round Up® voluntarily allow IEC to round up their monthly electric bills to the next highest dollar. The IEC Foundation then reviews applications and provides financial assistance based on those requests.

If you would like to contribute to Operation Round Up® or would like to apply for assistance, please call us at (918) 358-2514 or 1-800-472-2850.

Keep Safety in Mind During Holidays

Each year, hospital emergency rooms treat about 12,500 people for injuries, such as falls, cuts and shocks, related to holiday lights, decorations and Christmas trees.

The Consumer Product Safety Commission suggests following these tips to make your holiday a safe one:

- Indoors or outside, use only lights that have been tested for safety by a recognized testing laboratory, which indicates conformance with safety standards. Use only lights that have fused plugs.

- Check each set of lights, new or old, for broken or cracked sockets, frayed or bare wires, or loose connections, and throw out damaged sets. Always replace burned-out bulbs promptly with the same wattage bulbs.

- Use no more than three standard-size sets of lights per single extension cord. Make sure the extension cord is rated for the intended use.

- Never use electric lights on a metallic tree. The tree can become charged with electricity from faulty lights, and a person touching a branch could be electrocuted.

- Before using lights outdoors, check labels to be sure they have been certified for outdoor use.

- Stay away from power or feeder lines leading from utility poles into older homes.

- Fasten outdoor lights securely to trees, house walls, or other firm supports to protect the lights from wind damage. Use only insulated staples to hold strings in place, not nails or tacks. Or, run strings of lights through hooks (available at hardware stores).

- Turn off all holiday lights when you go to bed or leave the house. The lights could short out and start a fire.

- Use caution when removing outdoor holiday lights. Never pull or tug on lights—they could unravel and inadvertently wrap around power lines.