



Cold Weather Preparations

Employee Service Awards



Tasty Thanksgiving Recipe



'Electric Junction' Teaches All Ages about Electrical Safety

Electricity is unforgiving. That is why we spend a great amount of money on safety equipment and employee training each year.

But co-op employees aren't the only ones who need to know how to protect themselves from the dangers of electricity. Members need to know about electric safety also.

IEC Member Services Representative Clara Eulert travels throughout the co-op's service territory with "Electric Junction," our mobile safety demonstration unit, telling members how electricity works for them, how it can hurt them and how they can protect themselves from it.

Eulert's safety demonstration involves a video and an miniature electrified farm scene. The video explains the fundamentals of elec-

tricity and why humans are at such risk from it.

The electrified farm scene has three-dimensional buildings, utility poles with power lines and transformers, and neon people which light up when they come in contact with electricity. She even 'electrocutes' a weiner, catching it on fire, to emphasize her point.

If you are interested in having Eulert or IEC's Safety Coordinator Bill Graham visit your school or organization with 'Electric Junction, please call Eulert at (918) 295-9558, Monday through Friday, 7:30 a.m. to 4:00 p.m. There is no cost for the presentation.

*The official
publication
of the members of
Indian Electric
Cooperative*



Now is the Time to Prepare Your Home for Winter's Cold Temperatures

If you are wondering what you can do to reduce your heating bills this winter, consider these suggestions.

·Use a programmable thermostat that automatically adjusts your thermostat set-point back at night and during the day when no one is home. Or remember to change the temperature set-point manually every day.

·If you stay alone in a large house, try to confine your activities to one room and leave the remainder of the house at the low nighttime set-point. Heat your daytime activity room to a comfortable temperature with an electric space heater.

·Use electric blankets or quilts for sleeping comfort and to allow a lower nighttime thermostat setting.

·Change your furnace filter as often as it gets dirty. Buy several when you shop so you will have one when you need it.

·Seal large air leaks around plumbing pipes, wires, chimneys and other penetrations through your floors and ceilings.

·Make sure all your storm windows are closed during winter weather. If your storm windows are broken or missing, repair or replace them.

·Open drapes and blinds on your home's south-facing windows during the day to let in solar heat.

·Be sure your walls are filled with insulation and your attic has at least eight inches of insulation. Nothing can compensate for lack of insulation. Insulate your walls and attic if needed.

·If you must replace a gas furnace,

choose a 90% efficient model to save on heating costs.

The last two ideas may require some planning and budgeting. IEC's member services representatives can provide advice, if you have questions. Please call (918) 358-2514 Monday through Friday, 7:30 a.m. to 4 p.m. Or you can visit our Web site at www.iecok.com.

Let the Sunshine in

The key features for harvesting free solar heat in the winter are your windows. If you replace your windows, select the window glass according to which way the window faces. Most newer windows have insulated glass, which means they are double-pane windows. This is good in both winter and summer. Many of these double-pane windows also have glass coated with a very thin and almost invisible layer of reflective metal. This low-e coating reduces radiant-heat loss from rooms through the window. The new types of spectrally selective glass, like low-e2 and Sungate II, are an excellent choice for east and west-facing windows because they also block solar heat in summer. But don't use a spectrally selective glass on the south-facing side if you want solar heat in winter. Standard low-e glass is a better choice for the south-facing windows, but clear double-pane glass is the best choice.

**THE
LAMP**

INDIAN ELECTRIC COOPERATIVE, INC.

Office Hours

7:30 a.m. – 4:00 p.m. (Monday - Friday)
(918) 358-2514
www.iecok.com

To Report an Outage

(918) 358-2514 or 1-800-482-2750

24-hour Service Center

(918) 295-9520

Board of Trustees

Wanda Foster, President	District 5
Loris Peckenpaugh, Vice-President	District 6
Berry Keeler, Sec.-Treas.	District 9
Robert Burk	District 1
Mike Spradling	District 2
J.W. Perry	District 3
Leon Day	District 4
Bill Boone	District 7
Greg Fielding	District 8
Gary Moore	District 8
Rock Reese	District 9

The Lamp (USPS 942-940) is published monthly by Indian Electric Cooperative, Inc., P.O. Box 49, Highway 64 Southeast, Cleveland, Oklahoma 74020 for the interest of its membership. Subscription price was \$0.25 per month in 2003. Periodical postage paid at Cleveland, Oklahoma and additional mailing offices.

- Postmaster: Send address changes to *The Lamp*, P.O. Box 49, Cleveland, OK 74020.



Employees Honored for Years of Service to Members,

Eighteen employees have been recognized by the co-op's board of trustees and management for their many years of service to the organization and members.

Cleveland lineman David Donalson was recognized for 30 years of employment, while Patricia Daley, James Martin, Bob Stephens, and Cheryl Mills were honored for serving IEC for 25 years. Daley, Martin and Stephens work in the co-op's Fairfax office, while Mills is in the Cleveland office.

Recognized for 20 years of service were Paul Grantham, Roger McAllister, and Lois Blackburn, who are in the Cleveland office, and Ray Johnson, who is in the Fairfax office.

Jack Casebolt, Cleveland office, was honored for 10 years of service.

Honored for five years were Damon Lester, Shawn Stocum, Adam Cheek, Jamie Garrison, Brian Cox, Jeff Guthrie, Travis Burch and Mike Gundy. Burch works in the Fairfax office while the rest are in Cleveland.

IEC board president Wanda Fos-

ter presented the employees with their awards, which they selected depending on their years of service.

"We truly appreciate the dedication and commitment these employees demonstrate on a daily basis," says Foster.

Recognized for their many years of service and contributions to IEC and the co-op's members are (front row, left to right) Adam Cheek, Roger McAllister, Lois Blackburn, Cheryl Mills, Patricia Daley, Bob Stephens. Back row (left to right) are David Donalson, Mike Gundy, Damon Lester, Jamie Garrison, Ray Johnson, James Martin, and Paul Grantham. Not pictured are Jack Casebolt, Shawn Stocum, Brian Cox, Jeff Guthrie and Travis Burch.

IEC offices will be closed Thursday, Nov. 25 and Friday, Nov. 26 for the Thanksgiving holiday.

Dispatchers and service personnel will be on duty throughout the four-day holiday. If you experience an interruption in your electric service, or spot a safety hazard, please call 1-800-482-2750 or (918) 358-2514.



No Bones About it!

Don't Share Your Thanksgiving Feast with the Family Pet

* Never give your pets leftover bones from meals you are making! Cooked bones splinter and can be fatal to pets!

* Do not give your pets alcoholic beverages, chocolate, or table scraps.

* If you are serving turkey, make sure you tie up the carcass in a plastic bag and throw it in the outside dumpster. Put a heavy item on the dumpster so stray animals cannot get into it and become sick. Vegetarian turkeys, made from soy, eliminate the possibility of your pet ingesting a bone.

* Remember to caution others (both kids and adults) not to give your pets anything except their normal treats. Guests may not always be aware of dangers that seem very basic to you.

RECIPE



Cranberry-Apple-Raisin Crisp

- 1/2 cup old-fashioned oats
- 1/2 cup, plus 2 Tbsp. brown sugar
- 5 & 1/2 Tbsp. cold butter, cut into 14-inch pieces
- 1 & 1/2-oz. pkg. cranberries (about 3 cups)
- 2 Golden Delicious apples, peeled,

- cored, and cut into 1/2-inch pieces
- 1/2 cup raisins
- 3/4-cup granulated sugar
- grated zest of 1 orange
- 1/2 cup orange juice (from about 1 orange)
- 1/4 tsp. ground cloves

Heat oven to 375°. In a medium bowl, combine oats, 1/2 cup flour, and brown sugar. Add butter and rub it into the flour mixture until small crumbs form. In a large bowl, combine cranberries, apples, raisins, granulated sugar, 2 Tbsp. flour, orange zest and juice, and cloves. Transfer the fruit to an 8-inch square glass baking dish or a 2-quart souffle dish. Top fruit with crumb mixture. Bake until the fruit is tender and the crumb topping has browned, about 45 minutes. Let cool at least 15 minutes before serving. YIELD: 4 servings

1. Publication Title		2. Publication Number		3. Filing Date	
The Lamp		10-16-04		10-16-04	
1. Issue Frequency		2. Number of Issues Published Annually		3. Annual Subscription Price	
Monthly		12		\$3.00	
4. Complete Mailing Address of Known Office of Publication (Not printer; street, city, state, and ZIP+4)					
US Hwy 84 South Cleveland, OK 74020					
5. Complete Mailing Address of Headquarters or General Business Office of Publisher (Not printer)					
Same as above					
6. Full Names and Complete Mailing Addresses of Publisher, Editor, and Managing Editor (Do not leave blank)					
Publisher (Name and complete mailing address)					
Indian Electric Cooperative Inc. P O Box 49 Cleveland, OK 74020					
Editor (Name and complete mailing address)					
David Wilson P O Box 49 Cleveland, OK 74020					
Managing Editor (Name and complete mailing address)					
David Wilson P O Box 49 Cleveland, OK 74020					
10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of all individual owners. If the publication is published by a partnership or other unincorporated firm, give its name and address as well as that of each individual owner. If the publication is published by a trust or other entity, give its name and address.)					
Full Name Complete Mailing Address					
Indian Electric Cooperative Inc P O Box 49 Cleveland, OK 74020					
11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box.					
None					
12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates. Check one)					
The purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes:					
a) Has Not Changed During Preceding 12 Months					
b) Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)					
13. Publication Title					
The Lamp					
14. Issue Date for Circulation Data Below					
10-16-04					
15. Extent and Nature of Circulation		Average No. Copies Each Issue During Preceding 12 Months		No. Copies of Single Issue Published Nearest to Filing Date	
a. Total Number of Copies (Net press run)		13,000		13,000	
b. Paid and/or Requested Circulation (Sum of 1b(1) and 1b(2))		7,351		7,351	
1b(1) Paid in Advance Subscriptions (Based on Form 3541, include advertiser's proof and exchange copies)		7,351		7,351	
1b(2) Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Non-USPS Paid Distribution		0		0	
1b(3) Other Classes Mailed Through the USPS		0		0	
c. Free Distribution Outside the Mail (Sum of 1c(1) and 1c(2))		569		569	
1c(1) Outside-County as Stated on Form 3541		569		569	
1c(2) In-County as Stated on Form 3541		0		0	
1c(3) Other Classes Mailed Through the USPS		0		0	
d. Total Free Distribution (Sum of 1b(3) and 1c(1) and 1c(2))		569		569	
e. Total Distribution (Sum of 1b(1) and 1b(2) and 1c(1) and 1c(2))		7,920		7,920	
f. Copies not Distributed		5,080		5,080	
g. Total (Sum of 1e and 1f)		13,000		13,000	
16. Payment of Postage and Fees (Sum of 16a and 16b)		100		100	
16a Postage and Fees Paid by Publisher (Form 3541, line 10b)		100		100	
16b Other Classes Mailed Through the USPS		0		0	
17. Signature and Title of Editor, Publisher, Business Manager, or Owner					
David Wilson, Editor					
Date					
10-16-04					
18. I certify that the information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).					
Instructions to Publishers					
1. Complete and file one copy of this form with your postmaster annually on or before October 1. Keep a copy of the completed form for your records.					
2. In issues where the publisher or security holder is a trustee, include in items 10 and 11 the name of the person or corporation for whom the trustee is acting. Also include the names and addresses of individuals who own or hold 1 percent or more of the total amount of bonds, mortgages, or other securities of the publishing corporation. In item 11, if none, check the box. Use blank space if more space is required.					
3. Be sure to furnish all circulation information called for in item 15. Free circulation must be shown in items 15c, e, and f.					
4. Item 15b, Copies not Distributed, must include (1) nonpaid copies originally stated on Form 3541, and returned to the publisher; (2) advertiser returns from news agents; and (3) copies for office use, leftovers, spoiled, and all other copies not distributed.					
5. If the publisher has Periodicals authorization as a general or requester publication, this Statement of Ownership, Management, and Circulation must be published. It must be printed in any issue in October or, if the publication is not published during October, the first issue printed after October.					
6. In item 16, indicate the date of the issue in which this Statement of Ownership will be published.					
7. Item 17 must be signed.					
Failure to file or publish a statement of ownership may lead to suspension of Periodicals authorization.					
PS Form 3526, October 2003 (Use Instructions on Reverse)					