

THE LAMP



VOLUME 49 • NUMBER 11
NOVEMBER 2010

TOGETHER WE SAVE EVEN MORE

Looking for information on how to lower your

energy bills this winter? Indian Electric Cooperative (IEC) has you covered.

IEC is part of a nationwide energy efficiency campaign known as Together We Save. The campaign's mission is to motivate co-op members like you to make small changes in behavior that add up to big savings. And at IEC, we're always looking for ways to bring value to our members. Together We Save offers an unprecedented collection of resources and advice on simple energy efficiency steps you can take in your home.

We've recently recharged the Together We Save campaign with even more tips and ideas to help you save on your energy bills. Where can you go to access this money-saving information? Log on to TogetherWeSave.com, the online epicenter of the campaign. Once you arrive, enter your ZIP code to be redirected to IEC's customized site, personalized to reflect our rates and region. Now you're ready to start saving!

TogetherWeSave.com offers everything from videos and interactive applications to an energy savings forum. Use the navigation bar across the top of the landing page to explore the site.

Spradling, More than a Trustee	2
Enjoy an Evergreen Holiday Season.....	3
Recipe: Libby's® Famous Pumpkin Pie	4

Touchstone Energy® Web TV (found under the "Watch and Learn" tab) is a compilation of more than 50 short how-to videos on topics such as lighting, heating/cooling, insulation and many other energy efficiency topics. The library recently added dozens of new videos.

Got an old refrigerator in your basement or garage? It's probably costing you more than you think. Click on the "Energy Savings Applications" tab and scroll down to find out how much you could save by saying goodbye to that old refrigerator. Another new application demonstrates how to save even more with ENERGY STAR® qualified appliances.

Take the Energy Savings Home Tour ("Add Up Your Savings" tab) and discover how all of these small changes add up in a big way. The Home Tour guides you through each room in a typical home and recommends several energy-savings tips in each room. Areas highlighted in yellow prompt you to take various interactive energy-saving steps, demonstrating how these changes can translate to real savings on your utility bill.

Live in a manufactured home? A new feature points out more than a dozen ways you can cut energy costs throughout your home. Helping our members save money during tough times is important to us. It's just one more way IEC is looking out for you.

If you're interested in more information on how to make your home more energy-efficient, let us know. Contact IEC at 918-358-2514 with questions. ♦

<http://www.TogetherWeSave.com>



SPRADLING, MORE THAN A TRUSTEE

By C.L. Harmon

For the most part, they do their deeds hidden away in the confines of a room discussing topics that most of us don't generally think about. They offer their time and energy to make sure we can take hot showers, watch our favorite TV shows, nuke our food, among many other things and save us money while we do them. They are the officialdom of electric aka officers and trustees of Indian Electric Cooperative's Board of Trustees.

In an effort to get to know those who serve you, The Lamp will be running a series of articles on the trustees explaining a little bit about who they are and how and why they serve the members of IEC.

Michael Spradling will kick off the interviews. He has served on the board for seventeen years in November and relishes in his opportunities to make the world a better place.

In addition to IEC's board, he also serves as president of Oklahoma Farm Bureau, president of Oklahoma Farm Bureau & Affiliated Companies, a director of the Farm Bureau Federation, Farm Bureau Life Insurance Company, Farm Bureau Bank, American Ag Insurance Company and American Farm Bureau Insurance Services Inc., Oklahoma State Chamber Board, 4-H Foundation and the Tulsa State Fair Board.

In addition to serving others, Spradling is also a farmer and rancher. With his wife of



Mike Spradling (right) with Former Oklahoma Secretary of Agriculture Terry (center) Peach shaking the hand of Pedro Alvarez of Cuba (left).

42 years Lotsee, he owns and operates Flying G Ranch near Sand Springs. The couple raise cattle and grow pecans as well as owning a retail pecan operation.

As for his work with IEC, Spradling and the other trustees are similar to a think tank for a large corporation. They are always working to provide new ideas to stay on top of the energy-related problems that plague the industry. Obstacles such as EPA regulations, technology solutions to minimize IEC's reliance on coal and legislative impacts as they relate to Oklahoma are all topics of discussion that are important to Spradling.

For example, he believes that nuclear energy is "something that needs to be looked at." He stated that technology has advanced tremendously since the time of the Chernobyl meltdown in the Ukraine on April 26, 1986.

As for coal, which is the major source for producing energy for IEC, cleaner and more

efficient delivery methods are a topic of discussion which he pushes in the board meetings. He added that all trustees are cooperative members who receive electric bills as well. And so issues such as these are more than just business...they are personal.

He also enjoys working with Oklahoma legislators. He keeps them apprised of the needs of IEC's members as well as agriculture legislation which affects a large amount of the state's residents.

"People need to be aware of the candidates and stay up on what they are doing because it makes a difference who will represent your needs," Spradling said.

He explained that legislators are moving further and further away from the issues important to rural America and obtaining positive legislation is their biggest challenge.

"It's important to keep rural America healthy and to do that we [the board] also want to hear from members with concerns and ques-

tions," he added.

There are many local issues pertaining to normal business and operations which the board members weigh in on and make decisions, but Spradling spoke mostly of those concerns which he felt could possibly affect members in the near future.

On a more personal note, as we sat at his table which oddly enough looks more like a table in a board room than a dining room table, it was overwhelmingly apparent that he and Lotsee are just simple folks who love their family, like hard work and truly hope to leave the world a better place for everyone... related or not.

Spradling has three daughters and five grandchildren. He graduated from Broken Arrow High School in 1966 and he and Lotsee have been working the ranch since 1970 when he graduated college from OSU with a bachelor's degree in business. ♦

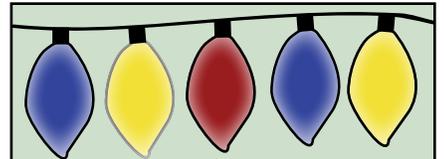
ENJOY AN EVERGREEN HOLIDAY SEASON

By John Bruce

Get the most out of energy during the holidays. Holidays are a festive time of year, with gifts, fun decorations, family visits and lots of laughter. But they can also ring in extra energy use for heating, decorative lights and more. So what steps can you take to make sure the holidays don't leave a surprise "gift" on your next electric bill?

One of the most popular ways to save energy without dimming holiday cheer is switching to light-emitting diode (LED) holiday lights. These long-lasting and energy efficient lights have been used for years in vehicles to let you know when you're low on gas or need an oil change. Over the past few years, prices have dropped low enough to make these bulbs cost-effective for

continued on page 4

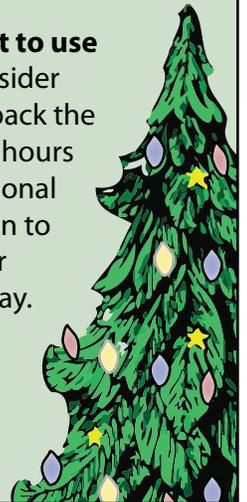


Light up holiday savings with LEDs

Decorating with lights this holiday season? Consider light-emitting diodes (LEDs). They cost more initially but last twice as long as traditional lights, and you'll recover the difference in three to four years.

- **Efficient.** LEDs use between 1 kWh and 3 kWh of energy, compared to between 12 kWh and 105 kWh for traditional lights, saving \$11 every holiday season.
- **Durable.** LEDs last about 4,000 hours. They're also made of plastic and less likely to break.
- **Don't want to use LEDs?** Consider trimming back the number of hours your traditional lights are on to six hours or less each day.

Sources:
Consumer Reports,
Alliance to Save Energy



decorative use.

On the plus side, LEDs last longer than traditional incandescent lights. They run cool and colors don't fade over time. Best of all, they use about a tenth of the energy for the same amount of light.

The news isn't all cheery. Decorative LEDs cost much more than strands of typically lights—up to \$40 or more to outfit a tree, according to Consumer Reports, an independent product tester. But over time, the higher investment pays off. When Consumer Reports compared LEDs and incandescent holiday lights in 2007, they found LEDs use between 1 and 3 kWh of energy, compared to between 12 to 105 kWh for traditional lights. This translates into a savings of up to \$11 every year. Because LEDs are more durable, lasting more than 4,000 hours while incandescent bulbs burn out by the 2,000 hour mark, the initial investment pays dividends over the long haul.

Whether or not you fork out extra bucks to switch to LEDs, it's a good idea to turn off your holiday lights before you go to bed. Consider installing timers to reduce the amount of time your holiday lights are on. Just 10 incandescent strands lit for 13 hours a day can easily add more than \$50 to an electric bill. Limit light displays to no more than six hours nightly.

Lights aren't the only holiday addition impacting your electric bill—family guests add to your costs, too. Because everyone wants to stay toasty during colder holiday months, heating usually accounts for the lion's share of cold-weather energy costs. Extra guests translate into extra water to heat for showers.

Make sure to set your thermostat as low as

comfort permits. Each degree above 68 degrees adds 2 percent to 3 percent to the amount of energy needed to heat your home. Conversely, you'll save by lowering your thermostat (and leaving it there).

You can expect extra guests to strain your electric water heater—folks often take longer showers in colder weather, increasing water-heating costs. Before guests arrive consider installing a low-flow showerhead to reduce the amount of water used, and try to keep showers to six minutes or less.

Finally, in the average home, 75 percent of the electricity used to power electronic gifts and gadgets is used while the products are off. This phantom power use can be avoided by unplugging the items or using a power strip.

To learn more about ways to cut home energy use, visit www.TogetherWeSave.com. ♦

Cleveland Office

(918) 358-2514

or

(800) 482-2750

Fairfax Office

(918) 642-4813

Account Information

(918) 295-9597

Automated Outage Reporting

(918) 295-9598

On the Web @

WWW.IECOK.COM

Office Hours

7:30 a.m. - 4:00 p.m. (Monday - Friday)

President

Greg FieldingDistrict 4

Vice-President

Wanda FosterDistrict 5

Secretary-Treasurer

Berry Keeler.....District 1

Assistant Secretary Treasurer

Loris Peckenpugh.....District 3

Robert Burk.....District 6

Mike Spradling.....District 7

Bill BooneDistrict 8

Jim HadlockDistrict 2

Jack Clinkscale.....General Manager

The Lamp (USPS 942-940) is published monthly by Indian Electric Cooperative, Inc., P.O. Box 49, Highway 64 Southeast, Cleveland, Oklahoma 74020 for the interest of its membership. Subscription price was \$0.25 per month in 2008. Periodical postage paid at Cleveland, Oklahoma and additional mailing offices.

Postmaster: Send address changes to *The Lamp*, P.O. Box 49, Cleveland, OK 74020.

Recipe: Libby's® Famous Pumpkin Pie

- 1 (9 inch) unbaked deep dish pie crust
- ¾ cup white sugar
- 1 teaspoon ground cinnamon
- ½ teaspoon salt
- ½ teaspoon ground ginger
- ¼ teaspoon ground cloves
- 2 eggs
- 1 (15 oz) can Libby's® 100% Pure Pumpkin
- 1 (12 fl oz) can Nestle® Carnation® Evaporated Milk

Preheat oven to 425°F

Combine sugar, salt, cinnamon, ginger and cloves in small bowl. Beat eggs lightly in large bowl. Stir in pumpkin and sugar-spice mixture. Gradually stir in evaporated milk. Pour into pie shell.

Bake 15 minutes. Reduce temperature to 350°F; bake for 40 to 50 minutes or until knife inserted near center comes out clean. Cool on wire rack for 2 hours.